NDIS Plan Reassessment (Plan Review)

Understanding how and when your NDIS plan can be reviewed

Your NDIS journey doesn't end once your first plan is approved. As your needs, goals, and circumstances change over time, your plan can be reassessed to make sure your funding still reflects what you actually need. This process is often called a plan review or plan reassessment, and understanding how it works can help you prepare with confidence.

Scheduled vs Early Reassessments

Most plans include a scheduled reassessment date, typically toward the end of your current plan period, where the NDIA checks in to see how your supports are working and whether changes are needed for your next plan. In some cases, participants can also request an **early or unscheduled reassessment** — for example, if your support needs have increased significantly, your circumstances have changed (such as a house move or change in informal support from family), or your current plan simply isn't working as intended.

What Happens During a Reassessment

During a reassessment, the NDIA will look at how your funding has been used, whether your goals have been met or have changed, and whether your current level of support is still appropriate. You may be asked to provide updated evidence from health professionals or support providers, particularly if you're requesting an increase in funding or a new type of support.

How to Prepare

Good preparation makes a big difference to plan reviews. It helps to keep notes throughout your plan period on what's working well, what isn't, and any changes in your circumstances or support needs. Reports or letters from your treating providers — such as support workers, allied health professionals, or your GP — that speak to your current functional needs can strengthen your case for changes to your funding. It's also worth reflecting on your NDIS goals: have you achieved them, or do they need to be updated to reflect where you are now?

Common Reasons Reassessments Are Requested

Participants often seek an early reassessment due to a change in medical condition, a new diagnosis, ageing carers who can no longer provide the same level of informal support, a change in living arrangements, or simply because the current plan's funding doesn't match the reality of day-to-day support needs.

How Fiora Healthcare Can Help

Preparing for a plan review is much easier with support from a team who understands your day-to-day needs. Our team works alongside NDIS participants across Albany and the Great

Southern region and can help document how your current supports are working, so you walk into your reassessment well prepared. Get in touch if you'd like a hand getting ready for your next review.

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